M

ELLINGTON BEHAVIORAL HEALTH

16 Main Street Ellington, CT 06029 (T) 860.871.5402 (F) 860.871.5413

Suboxone Prescribing Policy/Treatment Contract

Ellington Behavioral Health is responsible for making sound treatment decisions in accordance with accepted medical standards; it maintains sole discretion regarding discontinuation of Suboxone treatment. Patients must accept the following risks and agree to abide by the following conditions in order to engage in the Suboxone program at Ellington Behavioral Health.

- All patients receiving Suboxone therapy must have a primary care physician to attend to other medical needs. Ellington Behavioral Health will not assume the role of primary care provider.
- 2. One pharmacy must be used to fill all Suboxone prescriptions.
- 3. Directions for all prescription medication need to be followed per doctor order. Dosages may not be changed unless discussed with the prescriber.
- 4. Patients may not accept prescriptions for controlled substances (pain killers, stimulants and sedatives) from other doctors without prior approval from Ellington Behavioral Health. If another doctor prescribes a controlled substance, Ellington Behavioral Health must be notified or the prescription refused.
- 5. Any controlled substance prescription initiated/managed/prescribed by another provider must be transferred to (and maintained) by Ellington Behavioral Health during the course of treatment at Ellington Behavioral Health.
- 6. Use of illegal drugs and excessive alcohol are prohibited while taking Suboxone.
- 7. Refusal/failure to provide a urine sample when requested by Ellington Behavioral Health precludes ongoing treatment with Suboxone.
- 8. Medications must be protected from theft and destruction. Stolen and lost prescriptions/medications may be replaced only once at the discretion of Ellington Behavioral Health. Documentation (including but not limited to a police report) will be required for all thefts and lost medications.
- 9. Therapy with controlled substances is just one part of the comprehensive substance abuse treatment program at Ellington Behavioral Health. Additional diagnostic tests and evaluations, including permission to communicate with all doctors providing care to the patient will be ordered when clinically appropriate. Failure to participate and comply in all aspects of the prescribed treatment plan may lead to discontinuation from the Suboxone program at Ellington Behavioral Health.
- 10. Prescriptions for Suboxone are not mailed.
- 11. Patients may be required to return to office (prior to close of business day) for random medication counts. Failure to comply with this requirement may result in termination from the program.
- 12. The following are grounds for discharge from Ellington Behavioral Health:
 - Altering and or forging a prescription. This is a felony and will be reported to the appropriate authorities.
 - Altering and or forging specimen samples will result in immediate termination.

- Dishonesty that affects the doctor-patient relationship.
- Multiple missed appointments, late cancellations or late appearances.
- Failure to appear for or to produce urine for a random drug screening.
- Use of illegal drugs or substances including but not limited to marijuana, cocaine, heroin, PCP, etc.
- Adulteration, dilution or substitution of a urine sample.
- · Disruptive, threatening or violent behavior.
- Persistent noncompliance with the prescribed treatment plan.
- 13. Information concerning violations of this agreement may be disclosed to other treating physicians, pharmacies, and any relevant state reporting agencies.
- 14. All Suboxone patients are required to attend weekly group meetings and monthly individual appointment with prescriber. Missing appointments may result in automatic termination.
- 15. All patients attending weekly relapse prevention groups are required to arrive to the office fifteen minutes prior to the scheduled time. Any patient arriving later than the scheduled group time will not be allowed to enter and will be required to attend a makeup group. Additional fees may also be imposed.
- 16. Any patient missing group due to a scheduled absence or office closure must present within 24 hours of the assigned group for a urine sample. Failure to comply with this requirement may result in a denial of any additional Suboxone refills.
- 17. Documentation for missed groups/individual appointments may be requested. Any patient failing to comply with this requirement may be discharged at physician's discretion.

Patient signature	Date:

I understand and agree to abide by the policies set forth in this document.